

Normal Tension Glaucoma (Low Tension Glaucoma)

Normal tension glaucoma (NTG), sometimes referred to as low tension glaucoma (LTG), is often considered to be on a continuum with POAG, with very similar characteristics. While there are a number of subtle differences between POAG and NTG, there is one key difference compared with POAG: eyes with NTG do not have an elevated intraocular pressure as classically defined (usually defined to be greater than 21mmHg).

Treatment for patients with NTG is the same as for all types of glaucoma, namely, lowering the intraocular pressure. Studies have demonstrated that although the eye pressure is not elevated by the normal definition, further lowering of the pressure does decrease the risk of optic nerve damage and visual field loss.